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Presents.....

Women's Self-discovery Group



“Seek your own gold. Create your own Health. Fill your own love. Find your own freedom. You are worthy....You are on a pathway to inner enlightenment” - Louise Hay

Mondays 12-2, starting in May, 2010

We will explore Mid-life in such Topics as:

- Who am I now?
- Passions and interests
- The Human Navigational system
- Friends and social support
- Love and Intimacy
- Aging
- Money and Prosperity
- Health

“People in this stage of life often fear inactivity and meaninglessness” - Eric Erikson

“Life changes dramatically as we connect fully to our five spirit senses” - Linda Meyerholz

Registration - Call 239-273-7587 or Email Ginalk@aol.com